

97% felt able to share their thoughts and experiences with other participants

94% learned new information regarding [today's topic] and the impact it has on the Greater Richmond community

88% feel more comfortable having conversations regarding [today's topic] in my own communities



In Their Own Words:

- ▶ “I learned a lot on a topic that is not often talked about and the discussions were well facilitated... Through our participation, I think we learn and build more empathy with our community.”
- ▶ “I loved meeting new people and making connections with them in a warm and welcoming space.”
- ▶ “We had an excellent facilitator who led our conversation in a safe and respectful way. I enjoyed the small group setting and ability to engage with others.”
- ▶ “What was most impactful for me was seeing new ways to be a positive force in the community, in ways I hadn't thought of.”
- ▶ “I enjoyed taking turns sharing thoughts and stories and listening, especially to people who were complete strangers before tonight.”

About RVA Table Talk

The RVA Table Talk series created opportunities for communities in different sectors to engage in challenging conversations about diversity and inclusion. Each session focused on a topic and gave participants the opportunity to share stories, explore diverse perspectives, and consider action steps to address issues facing the community. Sponsored by Altria Group, the 2018-2019 RVA Table Talk series included programs on ageism, refugee resettlement, youth, and mental health.

Attendance

- Ageism (November 27, 2018) – 35 attendees
- Refugee Resettlement (February 5, 2019) – 55 attendees
- Youth (March 7, 2019) – 70 attendees
- Mental Health (April 16, 2019) – 55 attendees

Program Reach

- 2,700+ via email blasts
- 5,800+ via social media

2018 - 2019 RVA Table Talk Program Hosts & Partners

#IfYouCouldSeeMe	ReEstablish Richmond
Al Madina School	Temple Beth-El
Armstrong Leadership Program	Williams Mullen
Downtown YMCA	VCU Department of Gerontology
Greater Richmond Age Wave Partnership for the Future	Virginia Center on Aging
	VOCAL

About VCIC



The Virginia Center for Inclusive Communities works with schools, businesses, and communities to achieve success by addressing prejudices, in all forms, in order to improve academic achievement, increase workplace productivity, and enhance local trust. Through workshops, retreats, and customized programs that raise knowledge, motivation, and skills, VCIC develops leaders who work together to achieve success throughout the Commonwealth.