

## WHAT TO BRING TO PROJECT INCLUSION

\*\*\*Keep this page\*\*\*

(Please contact VCIC if you need assistance with any of the following suggested items)

- |  |   |
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| <p><input type="checkbox"/> Sleeping bag or twin bed sheets</p> <p><input type="checkbox"/> Pillowcase</p> <p><input type="checkbox"/> Blanket</p> <p><input type="checkbox"/> Casual clothing: shirts, jeans, etc.</p> <p><input type="checkbox"/> Comfortable shoes and socks</p> <p><input type="checkbox"/> Sweatshirt or coat</p> <p><input type="checkbox"/> Pajamas/nightclothes</p> <p><input type="checkbox"/> Underclothing</p> <p><input type="checkbox"/> Shower flip-flops</p> <p><input type="checkbox"/> Raincoat/rain gear</p> | <p><input type="checkbox"/> Towels/washcloths/soap</p> <p><input type="checkbox"/> Toilet articles (toothbrush, deodorant, etc.)</p> <p><input type="checkbox"/> Insect repellent</p> <p><input type="checkbox"/> Camera (<i>other than cell phone!</i>)</p> <p><input type="checkbox"/> Flashlight (<i>with extra batteries</i>)</p> <p><input type="checkbox"/> Notebook/journal</p> <p><input type="checkbox"/> Readings, poetry, etc.</p> <p><input type="checkbox"/> Alarm clock</p> <p><input type="checkbox"/> Watch (<i>other than cell phone!</i>)</p> <p><input type="checkbox"/> Cultural clothing, music, etc. that expresses your heritage</p> |
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## OTHER THINGS TO CONSIDER

- Please **pack lightly!** Bring only one bag, plus your sheets/sleeping bag and towel.
- We recommend that you put your name on everything and put a nametag on your suitcase or duffel bag.
- Please bring special clothing, music, etc. representative of your heritage for the Culture & Belief Night program. If you have a talent to share, feel free to bring musical instruments, CDs, etc.
- Remember: portable music players, cell phones, handheld games/organizers, tablets, etc. will only be allowed at night in the cabins. If any of these items are seen during program sessions, they will be confiscated until the end of Project Inclusion. Note that we cannot ensure the safety of these (or any) items.
- There is no need for spending money! All meals and snacks will be provided.
- All medication (even aspirin, Tylenol, etc.) must be given to and administered by the medical point person on staff at Project Inclusion.
- Applicable school dress codes will be in effect throughout Project Inclusion.